

Notable Quotables

A key NCVRW goal is to inspire and motivate your community to support victims' rights. Your speeches, announcements, and presentations may benefit from including a few powerful quotations to underscore this message of collective support. The quotations compiled here build on the 2017 NCVRW theme—*Strength. Resilience. Justice.*

Strength

"We are only as strong as we are united, as weak as we are divided."

– J.K. ROWLING (1965-)

"It's not always necessary to be strong, but to feel strong."

– JON KRAKAUER (1954-)

"You have power over your mind—not outside events. Realize this, and you will find strength."

– MARCUS AURELIUS (121 AD-180 AD)

"With the new day comes new strength and new thoughts."

– ELEANOR ROOSEVELT (1884-1962)

"Strength does not come from physical capacity. It comes from an indomitable will."

– MAHATMA GANDHI (1869-1948)

"The most beautiful people I've known are those who have known trials, have known struggles, have known loss, and have found their way out of the depths."

– ELIZABETH KUBLER ROSS (1926-2004)

"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing which you think you cannot do."

– ELEANOR ROOSEVELT (1901-1962)

Resilience

"The greatest glory in living lies not in never falling, but in rising every time we fall."

– NELSON MANDELA (1918-2013)

"Life doesn't get easier or more forgiving, we get stronger and more resilient."

– STEVE MARABOLI (1975-)

"It does not matter how slowly you go so long as you do not stop."

– ANDY WARHOL (1928-1987)

"Man never made any material as resilient as the human spirit."

– BERNARD WILLIAMS (1929-2003)

"You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it."

– MAYA ANGELOU (1928-2014)

"Never confuse a single defeat with a final defeat."

– F. SCOTT FITZGERALD (1896-1940)

"Always bear in mind that your own resolution to succeed is more important than any one thing."

– ABRAHAM LINCOLN (1809-1865)

"Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all."

– DALE CARNEGIE (1888-1955)

"The human capacity for burden is like bamboo—far more flexible than you'd ever believe at first glance."

– JODI PICOULT (1966-)

"If you can dream it, you can do it."

– HELEN KELLER (1880-1968)

Justice

"There may be times when we are powerless to prevent injustice, but there must never be a time when we fail to protest."

– ELIE WIESEL (1928-2016)

"Truth never damages a cause that is just."

– MAHATMA GANDHI (1869-1948)

"Justice will not be served until those who are unaffected are as outraged as those who are."

– BENJAMIN FRANKLIN (1705-1790)

"Right is right, even if everyone is against it, and wrong is wrong, even if everyone is for it."

– WILLIAM PENN (1644-1718)

"True peace is not merely the absence of war, it is the presence of justice."

– JANE ADDAMS (1860-1935)

"Human progress is neither automatic nor inevitable... every step toward the goal of justice requires sacrifice, suffering, and struggle; the tireless exertions and passionate concern of dedicated individuals."

– MARTIN LUTHER KING JR. (1929-1968)

"Being good is easy, what is difficult is being just."

– VICTOR HUGO (1802-1885)

"We are not to simply bandage the wounds of victims beneath the wheels of injustice, we are to drive a spoke into the wheel itself."

– DIETRICH BONHOEFFER (1906-1945)

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

– ANNE FRANK (1929-1945)

"All the great things are simple, and many can be expressed in a single word: freedom, justice, honor, duty, mercy, hope."

– WINSTON CHURCHILL (1874-1965)

